

Bea Havier

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Education

2021-2024 **BSc Psychology (2:1)**
The University of Manchester

- Relevant modules: Mental Health; Personality and Individual Differences; Statistics and Data Analysis.
- Gained an understanding of psychological principles plus quantitative and qualitative research techniques.
- Conducted a comparative case study of local mental health services, utilising both primary and secondary research sources, conducting 100 questionnaires and five focus groups to produce a 5,000 word report, achieving a first-class grade.
- First class knowledge of statistics and the ability to organise and analyse data using SPSS computer software; achieved a first-class result (87%) for my second year Statistics module.
- Managed a group project with fellow students and delivered a formal presentation on our findings.
- Good understanding of the importance of ethics when conducting psychological research, experience of completing applications for Local Research Ethical committees and handling confidential data.
- Independently learned how to use RStudio to aid with visualization in data analysis.

2019-2021 **Lorem Ipsum College**

- A-Levels: Psychology (A*), English Literature (A*), History (A)

2014-2019 **Etaoin Shrdlu High School**

- GCSEs: 7 A*, 3 A including Maths and English.

Relevant Work Experience and Volunteering

September 2023 – July 2024 **Care Assistant**
(part-time, term-time) **Royal School Manchester**

- Worked with children with severe learning disabilities, seeing to complex needs and challenging behaviour thus developing teamwork, counselling, and communication skills.
- Provided emotional and social support to residents and followed risk assessments and support plans.
- Contributed to monthly reports and assessments.

October 2022 – February 2023 **Research Intern within a Clinical Research Team**
The University of Manchester

- Assisted with a project about the impact of psychosis on romantic relationships.
- Transcribed qualitative interview data to an accurate degree.
- Conducted literature searches and synthesised existing research for a systematic review.
- Generated social media content to recruit participants.

January 2022 – March 2024 **Listening Volunteer**
Samaritans

- Provided support to people going through difficult times for 4 hours once a week and occasional night shifts.
- Developed listening, support and empathy skills through inaugural and regular training,
- Maintained principles of confidentiality and sensitivity.

Other Work Experience

November 2021 – present **Front of House Team Leader**
Lorenzo's Tapas Bar, Chorlton, Manchester

- Promoted to Team Leader after working for the company for ten months.
- Managed a team of five. Motivated them to meet individual sales targets by devising a graph which plotted the number of bonuses they could earn through securing additional sales.
- Successfully trained two new members of staff to be able to perform well in all areas of the business.

Positions of Responsibility

September 2022 – May 2024 **Peer Mentor**
The University of Manchester

- Assisted first year students in settling into university life, giving advice and finding solutions to problems. Required patience, empathy and an awareness of cultural sensitivities.
- Worked closely with other mentors in course review meetings and planning an end of term event for students.
- Regularly delivered talks to over 50 students and staff.

Additional Skills

IT: Microsoft Word, Excel, RStudio.

Driving: Full clean UK driving licence.

First-aid Training: Delivered by Heart Heroes.

Interests and Activities

Societies Member of the Psychology Society and enjoy participating in competitions and events.
Keep up to date with professional issues.

Sport Completed the Race for Life in 2023 independently raising £375 for St. Ann's Hospice.
Regularly participate in softball matches at halls of residence.

References available upon request