Ask Me About allows University of Manchester students, staff and alumni to connect with a mentor for short term careers advice.

**What can I ask?**

You’ll be able to get an idea of the sorts of questions a mentor will be able to help with by looking at their profile. You might want to ask for advice over email or telephone concerning:

- Reviewing a CV or job application
- Work Shadowing
- Work Experience
- Internships
- Jobs

Any questions? Email the mentoring team at mentoring@manchester.ac.uk

1. **Register on the Manchester Network**
   Go to [www.network.manchester.ac.uk](http://www.network.manchester.ac.uk).

   If you are staff or a current student, please use the ‘Student & Staff Login’ box on the right hand side and log in using your regular University username and password.

   If you are a University of Manchester alumnus/alumna, click ‘Create an account’ in the ‘Alumni & Supporters Login’ box – it may take a few days for your account to be approved.

2. **Set up your profile**

   You can either use the LinkedIn sync button, or you may complete your profile manually using the ‘edit’ button.

3. **Find a mentor**

   Click on the Mentoring tab (top toolbar) and click on ‘Search’ to look for potential mentors.

   Type in the name of the industry/company that you’d like your mentor to be from and have a look through the profiles.
4. Strands

You can filter your search to find a mentor particularly willing to support mentees that may have some additional questions in relation to their employment.

5. Is this mentor right for me?

Take a look through the mentor’s ‘Personal’ page, reading through their Bio and Professional Experience.

If their experience is relevant to you, have a look on their 'Mentor' page to see what they would be happy to help you with.

The sort of mentor you would like to ask for advice is up to you!

6. Send a request

Click on ‘Send Request’ in the ‘Ask Me About Programme’ section of the ‘Mentor’ page and select the service you’d like.

Indicate any of the topics that are particularly interesting to you

Leave a message outlining the sort of advice that you would like

Keep it professional! Mentors are volunteering their time so ensure that your message is written as a professional correspondence.

7. Wait to hear back

It can take a couple of weeks to hear back from your mentor. Their response will be delivered to your inbox on the Manchester Network, make sure to check it.

Feel free to send requests to multiple mentors - there is no limit to the amount of requests you can make.